

Simplisse™

Breastfeeding Products

Lactation Supplement Nutrition Facts

Mineral Supplement Facts

Serving Size: 4 Capsules Servings Per Container: 30

	Amount per Serving	% Daily Value
Calcium (as calcium hydroxyapatite)	400 mg	40%
Iron (as ferrous fumerate)	10 mg	45%
Phosphorus (as calcium hydroxyapatite)	160 mg	29%
Iodine (as kelp, potassium iodide)	150 mcg	52%
Magnesium (as taurinate, malate, aspartate)	400 mg	129%
Zinc (as zinc methionine)	10 mg	83%
Selenium (as selenium methionine)	40 mcg	57%
Copper (as copper gluconate)	1 mg	77%
Manganese (as manganese aspartate)	5 mg	231%
Chromium (as chromium picolinate)	20 mcg	44%
Potassium (as potassium aspartate)	99 mg	**
Boron (as boron aspartate)	1 mg	**
Silica (as sodium metasilicate)	1 mg	**

** Daily Value not established

Vitamin Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

	Amount per Serving	% Daily Value
Vitamin A (as beta-carotene, vitamin A palmitate)	2500 IU	58%
Vitamin C (as ascorbyl palmitate)	100 mg	83%
Vitamin D2 (as ergocalciferol)	120 IU	60%
Vitamin E (as mixed tocopherols, tocotrienol)	50 IU	59%
Vitamin K (as phytonadione)	50 mcg	56%
Vitamin B1 (as thiamine HCl)	2.5 mg	179%
Vitamin B2 (as riboflavin)	2.5 mg	156%
Vitamin B3 (as niacinamide)	10 mg	56%
Vitamin B6 (as pyridoxine HCl)	5 mg	250%
Folic Acid	400 mcg	30%
Vitamin B12 (as cyanocobalamin)	5 mcg	179%
Biotin	5 mcg	14%
Vitamin B5 (as d-calcium pantothenate)	5 mg	71%
DHA 35%	50 mg	**
Citrus Bioflavonoids	15 mg	**
Choline Bitartrate	7 mg	1%
DMAE	1 mg	**
Gamma-Oryzanol	1 mg	**
Lycopene (as tomato powder)	150 mcg	**
Lutein 5%	5 mcg	**

** Daily Value not established